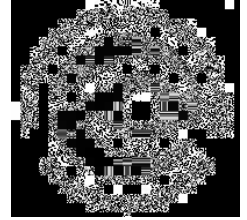


**Mark F. Elliott BVSc. VetMFHom. MRCVS.
MIPsiMed. PCH. DSH. RSHom.**

22a East Street, Westbourne, Nr Emsworth. West Sussex. PO10 8SH

Tel: 01243 389911.

Fax: 01243 373710



Email: homeopathicvet@btinternet.com Website: www.homeopathicvet.co.uk



Plussing Technique

1. Take three pills of remedy
2. Add to 11 teaspoonfuls of water and stir gently
3. Sip one teaspoonful every fifteen minutes, stirring the glass with a Clean spoon between doses
4. Reserve the 11th spoonful for next day
5. Next day add 10 teaspoonfuls of water stir gently
6. Repeat dosing as in 3 and 4 above reserving the 11th spoonful
7. Repeat stages 5 and 6 above for one week then start afresh with the next remedy (clean bottles/ liquids)